



Park Hill School District

Building Successful Futures • Each Student • Every Day

POSITION TITLE:	Health Champion
FSLA:	Exempt
REPORTS TO:	Health Enhancement Coordinator
TERMS OF EMPLOYMENT:	Appointed annually to serve during the school term

POSITION DESCRIPTION: The Health Champions are a team of employees representing each school or department who serve as advocates for the wellness program. These individuals work to inform, engage and inspire the staff at their site.

ESSENTIAL JOB FUNCTIONS:

1. Attend Health Champions Meetings.
2. Promote Wellness Program and all relevant events and information.
3. Reach out and continuously engage all employees in their building.
4. Share ideas and opinions with other health champions and health enhancement coordinator.
5. Contribute to activities and events throughout the year – earn a minimum of 4 Contribution Credits per year - July 1 to June 30 (see Regulations).

HEALTH CHAMPION REGULATIONS

Promotion Methods:

- 1) Send e-mails to building staff as requested
- 2) Health Champions bulletin board (see below)
 - a. Keep neat and up-to-date
 - b. Post new programs and events within two days of request
- 3) Share ideas and feedback with other health champions
- 4) Speak at staff meetings promoting Wellness Program a minimum of twice per year
 - a. Word of mouth
 - b. Personal involvement in programs
 - c. Seek out staff with tangible promotion tools such as flyers
 - i. Employees that don't use a computer
 - ii. Employees that work early morning or evening shifts
 - iii. Employees that don't attend staff meetings

Contribution to Activities:

- 1) Serve on a sub-committee – 2 points
 - a. Annual Golf Tournament Committee
 - b. 5k Committee
- 2) Supervise a recreational event – 2 points
 - a. Supervise an evening for the volleyball league
 - b. Supervise an afternoon for the softball league
 - c. Coordinate a special event – points TBD
 - i. Example, Organize and host a blood drive

If you miss a Health Champions meeting due to an emergency or illness you are expected to earn 2 additional Contribution Credits.