October 2022 Elementary Menu

All meals served with Milk and Juice

3 Pillsbury Frudel Cereal Grab & Go – Dunking Stick Sides: Fruit Cocktail Cheese Rippers with Marinara Hamburger Yogurt with Cereal Sides: Steamed Broccoli, Tossed Salad, Mandarin Oranges, Chocolate Chip Cookie	4 Pancake & Sausage Bites Cereal Grab & Go – Sweet Potato Cinnamon Roll Sides: Fresh Orange Wedges Beef Fiestada Pizza BBQ Pulled Pork Sandwich Yogurt with Waffle Sides: Baked Beans, Sliced Cucumbers, Tossed Salad, Peaches	5 Breakfast Chicken Slider Cereal Grab & Go – Banana Bread Sides: Pears Chicken Tenders with Biscuit Cheese Munchable Yogurt with Biscuit Sides: Green Beans, Corn, Tossed Salad, Fresh Apple Slices	6 Chocolate Chip Waffle Cereal Grab & Go – Oatmeal Breakfast Round Sides: Peaches Spaghetti with Meatsauce & Garlic Breadstick Mini Cheese Calzones with Marinara Yogurt with Hot Roll Sides: Broccoli & Cauliflower Mix, Tossed Salad, Pears, Fresh Strawberries	7 Breakfast Pizza Cereal Grab & Go – Breakfast Hoop Sides: Applesauce Macaroni & Cheese Breaded Chicken Sandwich Yogurt with Muffin Sides: Glazed Carrots, Peas, Tossed Salad, Pineapple Tidbits
10 Pillsbury French Toast with Turkey Sausage Cereal Grab & Go – Dunking Stick Sides: Mandarin Oranges Cheese Bites with Marinara Chicken & Biscuit Sandwich Yogurt with Biscuit Sides: Steamed Broccoli, Tossed Salad, Peaches, Red Velvet Cookie	11 Pancake & Sausage Bites Cereal Grab & Go – Sweet Potato Cinnamon Roll Sides: Fresh Orange Wedges Beef Nachos Twisted Turkey Sandwich Yogurt with Muffin Sides: Refried Beans, Fresh Grape Tomatoes, Tossed Salad, Pears	12 Strawberry Boli Cereal Grab & Go – Banana Bread Sides: Fruit Cocktail Chicken Nuggets with Hot Roll Cheese Pizza Slice Yogurt with Hot Roll Sides: Mashed Potatoes & Gravy, Green Beans, Tossed Salad, Strawberry Cup	13 Scrambled Eggs & Zee Zee Bar Cereal Grab & Go – Oatmeal Breakfast Round Sides: Fresh Apple Slices Breakfast for Lunch- Pancakes with Turkey Sausage Mini Corn Dogs Yogurt with Cereal Sides: Tater Tots, Tossed Salad, Mixed Berry Cup, Fresh Pineapple Chunks	14 Cinnabar Cereal Grab & Go – Breakfast Hoop Sides: Peaches Fish Sticks with Mac & Cheese Cheeseburger Yogurt with Breadstick Sides: Green Bell Pepper Slices, Tossed Salad, Mandarin Oranges
17 Raspberry Cream Bar Cereal Grab & Go – Dunking Stick Sides: Mandarin Oranges Grilled Cheese Sandwich Mandarin Chicken with Rice Yogurt with Cereal Sides: Steamed Broccoli, Tossed Salad, Pineapple Tidbit, Rice Krispy Treat	18 Pancake & Sausage Bites Cereal Grab & Go – Sweet Potato Cinnamon Roll Sides: Fresh Orange Wedges Beef Soft Tacos Corn Dog Yogurt with Muffin Sides: Mexican Beans, Fresh Baby Carrots, Tossed Salad, Pears, Strawberry Cup	19 Apple Flip Cereal Grab & Go – Banana Bread Sides: Tater Tots, Peaches Fried Chicken with Strawberry Biscuit Cheese Munchable Yogurt with Strawberry Biscuit Sides: Green Beans, Corn, Tossed Salad, Mandarin Oranges, Fresh Apple Slices	20 Chocolate Chip Waffle Cereal Grab & Go – Oatmeal Breakfast Round Sides: Strawberries Lasagna Roll Up with Marinara & Garlic Knot Cheese Pizza Slice Yogurt with Hot Roll Sides: Cucumber Slices, Tossed Salad, Peaches, Red Grapes	21 CLOSED
24 Pillsbury Mini Bagels Cereal Grab & Go – Dunking Stick Sides: Mandarin Oranges Breaded Mozzarella Sticks Awesome Burger Sliders Yogurt with Hot Roll Sides: Carrots, Tossed Salad, Pears, Granny Smith Apple, Candy Chip Cookie	25 Pancake & Sausage Bites Cereal Grab & Go – Sweet Potato Cinnamon Roll Sides: Fresh Orange Wedges Beef Taco Salad Cheese Quesadilla Yogurt with Muffin Sides: Fiesta Black Beans, Shredded Lettice, Diced Tomato, Tossed Salad, Peach Cup	26 Breakfast Chicken Slider Cereal Grab & Go – Banana Bread Sides: Applesauce Popcorn Chicken with Hot Roll Mini Corn Dogs Yogurt with Hot Roll Sides: Mashed Potatoes & Gravy, Green Beans, Tossed Salad, Mandarin Oranges	27 Scrambled Eggs & Muffin Cereal Grab & Go – Oatmeal Breakfast Round Sides: Fresh Apple Slices Chicken Alfredo with Rotini & Garlic Breadstick Cheese Pizza Slice Yogurt with Cereal Sides: Roasted Broccoli, Tossed Salad, Applesauce, Fresh Orange Wedges	28 Breakfast Pizza Cereal Grab & Go – Breakfast Hoop Sides: Fruit Cocktail Fun Fish with Goldfish Crackers Hot Dog Yogurt with Goldfish Crackers Sides: Tater Tots, Fresh Bell Pepper Slices, Tossed Salad, Fruit Cocktail

31	1	2	3	4
Pillsbury Frudel	Pancake & Sausage Bites	Breakfast Chicken Slider	CLOSED	CLOSED
Cereal	Cereal	Cereal		
Grab & Go – Dunking Stick	Grab & Go – Sweet Potato	Grab & Go – Banana Bread		
Sides: Fruit Cocktail	Cinnamon Roll	Sides: Pears		
Chili with Cinnamon Roll	Sides: Fresh Orange Wedges	Chicken Tenders with Biscuit		
Cheesy Bread	Beef Fiestada Pizza	Cheese Munchable		
Yogurt with Cereal	BBQ Pulled Pork Sandwich	Yogurt with Biscuit		
Sides: Steamed Broccoli, Mandarin	Yogurt with Waffle	Sides: Green Beans, Pineapple		
Oranges	Sides: Baked Beans, Corn, Peaches	Tidbits		